



SIRENS CHEERLEADERS 2017

GENERAL INFORMATION

DIRECTOR'S MESSAGE

"Thank you for considering joining the Sirens Cheerleaders family in 2017. Our primary mission is to create a positive, supportive and safe environment where athletes can learn the sport of cheerleading and develop their athleticism and personal skills such as confidence, resilience, team work and discipline.

Sirens Cheerleaders was founded with a strong focus on culture, to ensure our success in growing many happy, healthy athletes in a great atmosphere. Every member of our family is expected to adopt and espouse our four values: positivity, support, enthusiasm and commitment, so everybody can enjoy our wonderful sport and make Sirens Cheerleaders their home.

In 2017 we will continue our successful focus on 'quality'. Our competitive teams are level-appropriate, our coaches extremely dedicated and fully accredited, and we maintain and expect high standards.

While we run an highly successful competitive program, recreational athletes are very welcome to join our program and we have a variety of options available to choose from. Our competitive athletes train at least twice weekly and commit to local and interstate competitions, while the Tiny's (6yrs and under) and Level 1 teams compete locally and at one Sydney competition only.

For queries please email me or Sirens' Admin Officer Megan and we will be happy to help. This pack will help you decide whether you would like to join us, as a recreational or competitive athlete.

Sirens Cheerleaders is on an amazing journey with fun teams, safe progressions and increasing success at competitions around Australia. We are the only ACT gym to take athletes to multiple overseas competitions and to have competed, twice, at the prestigious bid-only 'AASCF Australasian Pinnacle' competition. We would love to meet new families who share our values and would like to join in the fun."

Belinda Dawson

Director / Program Owner / Head Coach
0410 561 579
sirens.belinda@gmail.com
www.sirenscheerleaders.com.au

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- How to join
- Timetable
- Class descriptions and age categories
- Fee structure
- General calendar
- Uniform and dress requirements
- Forms

COMMUNICATION

Please email us for enquiries or if you prefer to talk in person please contact the Gym Owner, Belinda, during business hours on 0410 561 579.

It is very important you join our mailing list as this is how we share all important information (there is a link online)! Thank you. Please 'like' us on our Facebook page, join our Sirens - Supporter Facebook group and check out our Instagram profile too. These are great for sharing photos and short-notice opportunities and reminders.

Our gym, 'The Cove' is located at Unit 1E, 5 Pelle Street Mitchell ACT 2911. It is on the corner of Pelle and Hoskins streets and we are the last unit on the left at the end of the driveway. Parking is available in the corner carpark or road-side parking ONLY. Please find a map on our website or 'Google Map' us!

1. HOW TO JOIN

Please complete all steps to join Sirens Cheerleaders in 2017. We look forward to welcoming you!

KEY DATES

- DEC 11 - COMPETITIVE ATHLETE TEAM PLACEMENTS: comp athletes' forms, t-shirt size and Annual Registration Fee payable. Teams lists will be emailed in the week after Team Placements.
- DEC 18 - **Term 1 registrations open online** (register early as tumbling classes fill quickly)
- DEC 18 - COMPETITIVE ATHLETES' registrations are due to accept team placement, or places may be allocated to others
- JAN 7 - Try Cheerleading Free Day: your chance to try a free class, ask questions, pay annual rego fee, return forms, try on and purchase merchandise
- JAN 21 - Registration Day: your chance to try a free class, ask questions, pay annual rego fee, return forms, try on and purchase merchandise

RECREATIONAL ATHLETES

- Step 1: Read this Information pack in its entirety and choose your preferred classes
- Step 2: Register online here AFTER 17 Dec: www.sirenscheerleaders.com.au
- Step 3: Return your forms (AASCF Membership, Sirens General Acknowledgement and direct debit form) and Annual Registration Fee (\$60)
- Step 4: Email us your t-shirt size
- Step 5: Purchase any training gear you'd like
- Step 6: Subscribe to the email list (VERY IMPORTANT - link online! <http://australiancheerleader.us1.list-manage.com/subscribe?u=ab716214c74200bfd789d6ae9&id=d29361088e>)
- Step 7: An invoice will be sent to you before term starts
- Step 8: Pay your term fees and turn up to your first class with a smile! NB: Term fees are due before term starts or by the end of term if you use our 'Ezidebit' option (to be arranged on receipt of invoice).

COMPETITIVE ATHLETES

- Step 1a: Read this Information pack in its entirety and choose your preferred classes
- Step 1b: ATTEND TRYOUTS on 11 Dec or submit a video Tryout by 7 Dec (if you cannot do either of these things and would still like to be considered to compete in 2017 you must email us to let us know!)
- Step 2: Register online here AFTER Dec 17: www.sirenscheerleaders.com.au
- Step 3: Return your Annual Registration Fee (\$60) and the following forms by Jan 21:
 - AASCF Membership
 - AASCF waiver
 - Other competition waivers as available
 - Sirens Competitive Commitment
 - Sirens General Acknowledgement
- Step 4: Email us your t-shirt size
- Step 5: Purchase any training gear you'd like
- Step 6: Subscribe to the email list (VERY IMPORTANT - link online! <http://australiancheerleader.us1.list-manage.com/subscribe?u=ab716214c74200bfd789d6ae9&id=d29361088e>)
- Step 7: An invoice will be sent to you before term starts
- Step 8: Pay your term fees and turn up to your first class with a smile! NB: Term fees are due before term starts or by the end of term if you use our 'Ezidebit' option (to be arranged on receipt of invoice).

2. TIMETABLE

If you are using a printed Info Pack, please check the website for timetable updates between terms.

The 2017 timetable will be available soon after Team Placements. Please join our mailing list for a copy when it is released.

3. CLASS DESCRIPTIONS AND AGE CATEGORIES

RECREATIONAL CHEER: Learn the basics of this exciting sport without the pressure of competition. This class is great if you want to get strong, fit and more flexible with a program tailored to cheerleading technique. This class is recommended for new athletes looking to get a head-start in the next season or if you prefer not to commit to a competitive squad and just want to have some fun with no attendance requirements! Athletes aged 15 and up are welcome to learn about cheerleading during Open Gym class.

- Toddlers: 18 months to 3 years
- Tiny Rec: Tiny recreational cheer 4-6 years (3-year-olds by invitation only)
- Ariose: Junior recreational cheer 7-14 years

COMPETITIVE CHEER: Involves learning a fast-paced routine set to music, incorporating motions, dance, tumbling, jumps, stunts and pyramids. Competitive teams require serious commitment, these expectations are high and placement is via Team Placements. You must be available for ALL competitions and must not miss training for any reason the week before each competition. Entry fees are non-refundable and additional routines are extra. We pay the event providers entry fees well ahead to secure our entry at competitions.

Most competitive cheer teams train twice-weekly with additional tumbling class strongly recommended (and 'homework!'). Dance teams train once weekly. These teams perform at several local and interstate competitions including NSW competitions and a Melbourne competition. **NEW FOR 2017: Athletes can participate in TWO competitive cheer teams in addition to other teams/classes. New crossover rules for AASCF competitions allow athletes to 'crossover' up or down only one level (eg. levels 1 and 2, 2 and 3, 3 and 4, 2 and 4.2, 3 and 4.2, 4 and 5).**

Mini (4-8 years) and Junior 1 (9-14 years) teams train twice-weekly and compete only at local competitions plus one Sydney competition.

COMP	DATE	TEAMS	COMP FEES
AASCF NSW Winterfest Sydney	June 9-11	Level 2+ and dance teams	Due in Term 1, approx \$45
CanCheer Canberra	June 25	All competitive teams	Due in Term 1, approx \$40
ACT Regional Cheerleading Canberra	August 13	All competitive teams	Due in Term 2, approx \$25
AASCF NSW & ACT States Sydney	August 25-27	Level 2+ and dance teams	Due in Term 2, approx \$60
CheerCon Canberra	September 23	All competitive teams	Due in Term 3, approx \$45
Battle at the Beaches Sydney	November 5	All competitive teams	Due in Term 3, approx \$40
Sirens Pep Rally	November 19	All competitive teams	Free
AASCF Nationals Melbourne	November 24-26	Level 2+ and dance teams	Due in Term 2, approx \$90
AASCF Pinnacle	November 27	All qualifying teams who win a bid!	Free

- * A \$5 fee per competition has been added in 2017 to assist us in covering coaches' time and expenses.
- * Please note we have a Senior 2 team competing at NCA All Star Nationals in Feb/March and are looking to offer an additional Senior 2 and Open team the opportunity to compete in Hawaii in May! Please register your interest by emailing our Admin Officer Megan: sirens.megan@gmail.com.

COMPETITIVE POM: A fast-paced, energetic, jazz-style of dance with poms. A routine consists of kick-lines, turns, jumps, acrobatics, strong motions and creative formations. Age groups offered according to demand.

COMPETITIVE HIP HOP: Street style dance: popping, locking and breaking to the latest hip hop music. We are likely to offer a single weekly class to prepare both a hip hop and a pom routine. Ages as per demand.

ADULT TEAMS: Intended for parents and new mature-age athletes. Our adult team is a competitive team and requires a serious commitment to training and competition. In 2017 we are looking to offer an open/adult stunt class - please register your interest.

- Cabaret: Open coed competitive cheer 18+ years, level 1, trains once-weekly

TODDLERS: Develop gross motor skills, improve coordination, move to music and have fun! Class caters for 18 months to three years. Older three-year-olds can join Tiny Recreational depending on focus and skills.

OPEN GYM: Practice anything you want in a safe, supervised environment. Ages 11 and up. You are responsible for training proactively.

GROUP STUNT: Teams consist of between three and five athletes who create a one minute routine consisting of as many creative, difficult and clean cheerleading stunts as possible. All athletes meeting the age requirements (TBC) are welcome to join the class in Term 1 - after which groups will be selected.

PARTNER STUNT: One base and one flyer. The ultimate challenge of your fitness, strength and coordination. Potential Partner Stunt teams please note preferences at Team Placements or during Term 1.

POM DUO: A specialist pom routine with two athletes. Athletes must creatively interact with each other in a fast-paced routine. Potential Pom Duos must note their preferences at Team Placements.

TUMBLING: We teach athletes the proper technique and progression of tumbling skills they require to execute various skills for their cheerleading teams. Learn handstands, back handsprings, standing tucks and more! These classes are also open to non Sirens athletes who wish to develop acrobatic skills for other sports like dance. Please note there are pre-requisites for each level class. Athletes unable to display the minimum skills at their first class will be moved to a class appropriate to their skill level.

- Level 1: open to all from 6 years up to learn the basics such as static shapes, handstands, cartwheels and walkovers
- Level 2: MUST HAVE strong handstand, roundoff and walkovers in order to start learning back handsprings
- Level 3: MUST HAVE strong standing back handspring and strong roundoff series back handsprings, in order to start learning tucks and higher level skills
- Level 4: MUST HAVE strong series back handsprings and strong roundoff back handspring tucks, in order to start learning layouts and higher level skills
- Level 5: MUST HAVE strong standing tuck, standing series back handspring to tuck/layout and strong roundoff back handspring layout, in order to start learning twisting and higher level skills

FLIGHT / FLEXIBILITY: Aims to develop excellent flexibility and control, with a focus on flyer lines (scorpion, bow and arrow etc).

PRIVATE CLASSES: Book a regular or once-off private session with a Sirens Cheerleaders coach and see the results! A great birthday present idea!

AGE REQUIREMENTS

Cheer age groups are: Tinies - 6 years and under, Mini - 8 and under, Junior - 14 and under, Senior - 10-18 (Senior 5 is 12-18 and Senior 5 Restricted is 10-18), Open - 14+, Adult - 18+. Ages are as at 31 Dec in that year (the age the athlete is turning by the end of the year). Dance age groups are Mini - 9 and under, Junior - 15 and under, Open - 14+. Ages are as at 31 Dec in that year (the age the athlete is turning but the end of the year) for competitions in Australia.

4. FEE STRUCTURE

Fees are set in half hour increments, with increasing discounts for more hours trained each week. Unlimited training is offered after nine hours a week. Enrolments and direct debit arrangements will continue throughout the year over the four terms by default, however you are welcome to change your enrolments prior to the commencement of each term - please email us to advise. We are pleased Sirens Cheerleaders offers great value in comparison to other ACT dance and sporting programs. We require all families to use our direct debit service 'Ezidebit' unless arranged and paid in full BEFORE term starts.

Weekly training fees are as follows:

- 30 minute class: \$11.50
- 1 hour class: \$20
- 1.5 hours: \$26.50
- 2 hours: \$34
- 2.5 hours: \$37.50
- 3 hours: \$40
- 3.5 hours: \$42
- 4 hours: \$44
- 4.5 hours: \$46
- 5 hours: \$48.50
- 5.5 hours: \$50.50
- 6 hours: \$53
- 6.5 hours: \$55
- 7 hours: \$57.50
- 7.5 hours: \$60
- 8 hours: \$62
- 8.5 hours: \$64
- Unlimited hours: \$66

Families attract a 20% discount for all members cheering. For each new athlete who emails us to advise the full name of their recruiter at new athletes' time of joining, the recruiter will receive a \$100 credit towards their next term fee!

Invoices are generated automatically by our class management software. This software calculates the term fee based on the exact number and duration of the classes you have enrolled for in each term (i.e. you do not pay for days there is no training).

PAYMENT OPTIONS

- **DIRECT DEBIT:** arrangements to be made on receipt of term invoice. The final payment must be received at Sirens Cheerleaders before the last day of the term. On receipt of your invoice please advise our Admin Officer your preferred payment schedule, eg. to 'pay in full on a certain date', or 'four equal payments fortnightly starting on next public service payday' (our default). Ezidebit forms can be emailed or returned to your Coach.
- **CASH OR BANK TRANSFER:** payments will be accepted only if the payment is in full and, delivered in a marked envelope (for cash payments) to a Coach or our Admin Officer before the start of term. This is available only for accounts in good-standing.

Athletes with overdue invoices will not be allowed to participate and may have be withdrawn from competitive teams for the entire year.

PRIVATE CLASSES

Private classes are available as a one hour class and fees are as follows: \$40 per athlete per class, \$30 per athlete (two athletes in the class), \$25 per athlete (three or more athletes in the class). Half hour classes are \$30 for one athlete or \$20 per athlete (two or more athletes in the class). Receive a 10% discount if you book a weekly private class for a whole term! Please note cancellations within 24 hours or 'no shows' incur full fee.

ANNUAL REGISTRATION FEE

Your annual registration fee of \$60 includes your 2017 training t-shirt, AASCF Membership and Insurance. This is non-refundable as we need to pass funds on to t-shirt suppliers and to AASCF for your insurance.

REFUNDS

Refunds are not provided unless a medical certificate is presented showing the athlete is unable to participate. Please note this includes families using Ezidebit to pay term fees - the entire term fee is payable.

5. GENERAL CALENDAR

Please note this does not include short-notice opportunities such as local performances. For access to these opportunities please ensure you 'like' our Facebook page, Instagram page, join our Sirens - Supporters group on Facebook and sign up to our mailing list!

Summer * An additional summer program with cheer and tumbling classes will be available mid December.

Jan 8: Try Cheerleading Free Day

Jan 21: Registration Day

Term 1 Jan 30 - April 9

Feb 21 - Mar 5: NCA touring team in USA

Mar 12: Uniform orders due (competitive athletes)

March 12: Whole program team-building at Civic Pool 11am-2pm (TBC)

April 8-9: no competitive team classes, all other classes as normal

School holiday workshops and open gym information will be available closer to the date

Term 2 April 26 - July 2

May 19-20 Potential competition in Hawaii for selected athletes

June 9-11 AASCF NSW Winterfest competition in Sydney (level 2+ and dance teams attend, **no classes on**)

June 12: Queen's Birthday holiday (**no classes on**)

June 25: CanCheer comp (all competitive athletes to attend, **no classes on**)

July 1-2: No competitive team classes on, other classes on as normal

Term 3 July 17 - Sep 24

August 13: ACT Regional Cheerleading Competition (all competitive athletes to attend, **no classes on**)

August 25-27: AASCF NSW and ACT States competition (level 2+ and dance teams attend, **no classes on**)

Sep 23: CheerCon ACT Competition (all competitive athletes to attend, **no classes on**) * Please note this is the first weekend of the school holidays

Sep 24: No competitive team classes on, other classes on as normal

Term 4 Oct 9 - Dec 17

Nov 5: Battle at the Beaches Sydney (all competitive athletes to attend, **no classes on**)

Nov 19: Pep Rally (all competitive athletes)

Nov 23: Classes are ON, do not travel

Nov 24-26: AASCF Nationals Melbourne (level 2+ and dance teams to attend, **no classes on**)

Nov 27: AASCF Pinnacle (all competitive athletes to be prepared to attend if we win bids, **no classes on**)

Nov 27-28: Post-Nationals break (no competitive classes. Please note after Nationals competitive athlete attendance and Sirens training gear is non-compulsory)

Dec 10: Team Placements

Dec 16: End of year function and awards at Siren Bar Gungahlin (private space for us: 3.30-6.30pm)

Notes

- PLEASE make sure you join the **mailing list** to get reminders about our competition 'away' dates! We would be sad if you were disappointed to arrive for a class that is not on.
- Each week starts on a Monday.
- Full school holiday period observed (two weeks).
- No comp squads train on the weekends book-ending school holidays!
- The week prior to each competition is MANDATORY for every competitive team class and must not be missed under any circumstance (if you are unable to train due to illness during this week we may still have to replace you to allow the team to compete effectively, unfortunately meaning you cannot compete - competition entry fees cannot be refunded close to the event).

6. UNIFORM AND DRESS REQUIREMENTS

Sirens Cheerleaders are committed and enthusiastic. Whether at training or in competition we maintain a high standard of presentation through wearing our uniforms with pride. Our athletes are our ambassadors.

RECREATIONAL ATHLETES

Please wear neat well-fitting clothing you can train in safely (no zips or jewellery, and with short nails and hair tied back). We recommend a tank top or t-shirt and shorts or leggings. Cheer shoes are preferred for safety but you can purchase supportive inside-only shoes, or go barefoot to start. Shoes worn in the gym must not be worn outside. We have a range of training gear available. You will receive your 2017 training t-shirt as part of your annual registration fee!

COMPETITIVE ATHLETES

Competitive athletes are to wear Sirens Cheerleaders training gear (only) at ALL competitive squad training sessions. Underwear (including bras) is not to be visible. Sirens athletes please wear an item of Sirens Cheerleaders gear at all time while travelling to, and while at, competitions and events.

Competitive athletes also require a competition uniform, to be worn at all competitions. Teams will wear the following competition uniforms:

- Adult squads - maroon uniform (cost approx \$130), new bow (females), white anklet socks and cheer shoes
- Pom - beige jazz shoes and pom uniform (leotard and shorts)
- Hip Hop - inexpensive uniform to be decided, white high top shoes
- Mini 1, Junior 1 and Senior 2 - 'underwater' uniform (cost approx \$130), new bow for females, white anklet socks, cheer shoes
- Senior 3, Senior 5 and Open 4.2 - maroon bling uniform (cost approx \$250 for females, \$200 males), new bow for females, white anklet socks, cheer shoes

Please wear nude coloured underwear under your cheer uniforms. Some uniform tops require specific bras to hide straps. Uniforms are to be kept in good repair with shoes clean. A hair and makeup tutorial is available hair (noting we no longer do a 'quiff'): https://youtu.be/px0H6_b1M6k

7. 2017 SIRENS GENERAL ACKNOWLEDGEMENT FORM

Athlete's name: _____ Signed (parent if under 18): _____ Date: _____

Please sign to acknowledge and agree to the following conditions of enrolment at Sirens Cheerleaders. These principles help ensure safety and enjoyment for all. Failure to abide by the rules may result in removal from our program.

SIRENS ARE COMMITTED TO SAFETY

- I understand there are risks in participating in sport and that cheerleading involves airborne skills such as somersaults, throwing team-mates in the air and relying on team mates for safety.
- I permit first aid to be provided if required (including calling an ambulance).
- I will abide by the USASF rules which govern cheerleading by removing all jewellery (including body piercings) and keeping fingernails short for training.
- I will not touch or lean on the mirrors.
- I will use the equipment and floor only during class time, and only as directed.
- I will follow all of my coaches' directions.
- I will practice safe stunting/tumbling and not stunt or tumble at home any skills in which I am not VERY PROFICIENT.
- I will park in the designated parking area only and will not play in (or allow children to play in) the driveway. I will not drive down the business driveway but I will walk my athlete to the gym.
- I will not chew gum in the gym or eat food on the cheer floor, or wear my cheer shoes outside.

SIRENS MAINTAIN A PROFESSIONAL IMAGE

- I will not behave inappropriately in public, at events or through social media while wearing Sirens Cheerleaders-branded uniforms/merch. Negativity on social media or creating your own team groups will result in dismissal from the program.
- I permit my images to be used in Sirens Cheerleaders marketing.

SIRENS SHOW COMMITMENT FINANCIALLY

- I will pay invoices on time and communicate with the Admin Officer, before the due date, if I have difficulties in paying fees.
- I understand Ezidebit charges a \$9 fee for dishonoured direct debit payments.

- I understand invoice adjustments are granted only where a medical certificate is presented.
- I understand private class 'no shows' and cancellations within 24 hours will incur full fee.
- I understand I will not be allowed to participate in class if my fees are overdue and a payment plan has not been arranged.

SIRENS ARE SUPPORTIVE AND POSITIVE

- I will show respect to myself and my Sirens Cheerleaders family at all times.
- I will represent Sirens Cheerleaders to the best of my ability by displaying the values: positive, supportive, enthusiastic and committed.
- I will not gossip or bully others and I will ask for help from any coach if I feel bullied.
- I will inform staff at an appropriate time if I have concerns or ideas.
- I will refrain from negative 'sideline talk'.
- I am committed to my squad and will practice as required.
- I will not interrupt coaches or distract athletes during training sessions.
- I will arrive early for training and events and ensure I am collected on time.
- I understand spectators are not allowed (exception: new athlete's first class, Toddler class parents, children of participants, the first and last 5 minutes of each class, and during the first week of each month - 1st-6th).
- I understand that routine choreography, roles and coaching are up to the coach and are not open for discussion.
- I will sign up to the email list (on Register page) and read emails. Please check your 'junk' folder.
- I will contact the Gym Owner via email: sirens.belinda@gmail.com or Admin Officer: sirens.megan@gmail.com for all queries and understand coaches don't administer athletes.

8. 2017 AASCF MEMBERSHIP AND INSURANCE



2017 STUDENT MEMBERSHIP REGISTRATION

I would like to become a member of the Australian All Star Cheerleading Federation

AASCF is dedicated to the promotion and advancement of All Star Cheer & Dance as a recognised & respected athletic discipline & sport. Its aim is to encourage mutual co-operation & communication between Squads to enable each to realise its own potential in its own style through the help and friendship of all.

AASCF All Star Cheer & Dancer membership includes genuine **Personal Accident Insurance** for the individual Cheerleader/Dancer. This is important not only for competition but also for all practice, performances & other events the Cheerleaders/Dancers may attend through AASCF, any other organization.

The annual membership fee is **A\$15.00 per student**, and covers you from 1st Feb 2017- 1st Mar 2018. You will receive a member's card, patch and identification number for proof of your membership.

Cheque's made payable to **"Australian All Star Cheerleading Federation"**
or pay electronically as per following page.

Students Address:	Student Name:	
	Student D.O.B.:	
AASCF membership number if you have one from past years: # _____	Telephone:	
	E-mail:	
AASCF Membership ensures that you receive all the latest news updates, events and opportunities, discounts, support and advice and Genuine Cheerleading Personal Accident Insurance cover through Sportcover Australia P/L.	Cheer/Dance - Gym / School / Club / Studio Name: <u>Sirens Cheerleaders</u>	
	Location: <u>Mitchell ACT</u>	
	Coaches Name: Belinda Dawson and Rianna Macdougall	
	Parent/Guardian if under 18yrs Signed:	
AASCF STUDENT MEMBERSHIP	AASCF PO Box 7012 Upper Ferntree Gully, Vic, Australia. 3156	AUD \$15.00 per student
JOIN / RENEW		

AASCF Membership data is 'personal data' for the purposes of data protection legislation. Contact details for specific squads may be given for bonafide information requests about joining a local squad, or possible opportunities for a member squad.

9. EZIDEBIT FORM

All families please complete the direct debit form. You are welcome to cross the Debit Arrangement section out and email us your preferred payment schedule after you have received the term fee invoice each term. Invoices are automatically generated by our class management software closer to term start. A new form is not required each term, your email advice regarding payment schedule each term is sufficient. To change payment details please complete a new form.



Sirens Cheerleaders

Ph: 0419 366 405



ACN 096 902 813 | AFSL 315388

DIRECT DEBIT REQUEST

NEW CUSTOMER FORM

YOUR DETAILS | Please complete this form using a BLACK PEN, * Indicates a MANDATORY FIELD

Business: Cheerleaders Australia Pty Ltd ABN/ACN: 67 143 940 738 C2D GEN 37988

Customer Reference:

*Surname: *Given Name:

*Mobile #:

* Email:

*Address:

*Suburb: *State: *Postcode:

DEBIT ARRANGEMENT | Including payment details and associated fees/charges detailed below and/or the total amount billed for the specified period for this and any other subsequent agreements or amendments between me/us and the Business and/or Ezidebit

Once Only Debit On Date: / / Debit this amount: \$

Regular Debits Starting on Date: / / Debit this amount: \$

Frequency: Weekly Fortnightly Monthly (Default) 4 Weekly

Duration: Continue regular debits until further notice (Minimum of Debits)

Until I have paid \$ in regular debits

Administration Fee (once only): \$2.20 | Bank Account Transaction Fee: \$1.10 | Credit Card Transaction Fee: VISA/MasterCard: 2.2% (Min \$1.10) | AMEX/Diners: 4.4% (Min \$1.10)

CHOOSE YOUR PAYMENT METHOD

Debit from Credit Card

VISA MasterCard AMEX Diners

Card Number: Expiry Date: / /

Name of Cardholder:

By signing this form, I/We authorise Ezidebit, acting on behalf of the Business, to debit payments from my specified Credit Card above, and I/We acknowledge that Ezidebit will appear as the merchant on my credit card statement. Furthermore, I/We agree to reimburse and indemnify Ezidebit for any successful claims made by the Card Holder through their financial institution against Ezidebit.

Debit from Bank, Building Society or Credit Union Account

Financial Institution: Branch:

BSB Number: Account Number:

Account Holder Name:

I/We authorise Ezidebit Pty Ltd ACN 096 902 813 (User ID No 165969) to debit my/our account at the Financial Institution identified above through the Bulk Electronic Clearing System (BECS) in accordance with the Debit Arrangement stated above and this Direct Debit Request and as per the Ezidebit DDR Service Agreement (Ver 1.3) provided.

This Authorisation is to remain in force in accordance with the terms and conditions on this Direct Debit Request, the provided Ezidebit DDR Service Agreement (Ver 1.3) and I/we have read and understand same.

Signature(s) of Nominated Account: PLEASE PRINT AND SIGN FORM NOT VALID UNLESS SIGNED

Date: / /

DDR SERVICE AGREEMENT (Ver 1.3)**DDR Service Agreement (Ver 1.3)**

I/We hereby authorise Ezidebit Pty Ltd ACN 096902813 (Direct Debit User ID number 163969) (herein referred to as "Ezidebit") to make periodic debits on behalf of the "Business" as indicated on the attached Direct Debit Request (herein referred to as "the Business").

I/We acknowledge that Ezidebit is acting as a Direct Debit Agent for the Business and that Ezidebit does not provide any goods or services (other than the direct debit collection services to me/us for the Business pursuant to the Direct Debit Request and this DDR Service Agreement) and has no express or implied liability in regard to the goods and services provided by the Business or the terms and conditions of any agreement that I/We have with the Business.

I/We acknowledge that the debit amount will be debited from my/our account according to the terms and conditions of my/our agreement with the Business and the terms and conditions of the Direct Debit Request (and specifically the Debit Arrangement and the Fees/Charges detailed in the Direct Debit Request and this DDR Service Agreement).

I/We acknowledge that bank account and/or credit card details have been verified against a recent bank statement to ensure accuracy of the details provided and I/We will contact my/our financial institution if I/We are uncertain of the accuracy of these details.

I/We acknowledge that by my/our responsibility to ensure that there are sufficient cleared funds in the nominated account by the due date to enable the direct debit to be honoured on the debit date. Direct debits normally occur overnight, however transactions can take up to three (3) business days depending on the financial institution. Accordingly, I/We acknowledge and agree that sufficient funds will remain in the nominated account until the direct debit amount has been debited from the account and that if there are insufficient funds available, I/We agree that Ezidebit will not be held responsible for any fees and charges that may be charged by either my/our or its financial institution.

I/We acknowledge that there may be a delay in processing the debit if:

- (1) there is a public or bank holiday on the day of the debit, or any day after the debit date;
 - (2) a payment request is received by Ezidebit on a day that is not a banking business day in Queensland;
 - (3) a payment request is received after normal Ezidebit cut off times, being 4:00pm Queensland time, Monday to Friday.
- Any payments that fall due on any of the above will be processed on the next business day.

I/We authorise Ezidebit to vary the amount of the payments from time to time as may be agreed by me/us and the Business as provided for within my/our agreement with the Business. I/We authorise Ezidebit to vary the amount of the payments upon receiving instructions from the Business of the agreed variations. I/We do not require Ezidebit to notify me/us of such variations to the debit amount.

I/We acknowledge that Ezidebit is to provide at least 14 days' notice if it proposes to vary any of the terms and conditions of the Direct Debit Request or this DDR Service Agreement including varying any of the terms of the debit arrangements between us.

I/We acknowledge that I/We will contact the Business if I/We wish to alter or cancel any of the debit arrangements.

I/We acknowledge that any request by me/us to stop or cancel the debit arrangements will be directed to the Business.

I/We acknowledge that any disputed debit payments will be directed to the Business and/or Ezidebit. If no resolution is forthcoming, I/We agree to contact my/our financial institution.

I/We acknowledge that if a debit is returned by my/our financial institution as unpaid, a failed payment fee is payable by me/us to Ezidebit. I/We will also be responsible for any fees and charges applied by my financial institution for each unsuccessful debit attempt together with any collection fees, including but not limited to any solicitor fees and/or collection agent fee as may be incurred by Ezidebit.

I/We authorise Ezidebit to attempt to re-present any unsuccessful payments as advised by the Business.

I/We acknowledge that certain fees and charges (including setup, variation, SWIS or processing fees) may apply to the Direct Debit Request and may be payable to Ezidebit and subject to my/our agreement with the Business agree to pay these fees and charges to Ezidebit.

You appoint Ezidebit as your exclusive agent with regard to the control, management and protection of your personal information (relating to the Business and contained in this DDR Service Agreement). You irrevocably authorise Ezidebit to take all necessary action (which we deem necessary) to protect your personal information, including (but not limited to) prohibiting the release to or access by third parties without our consent.

You hereby irrevocably authorise, direct and instruct any third party who holds/stores keeps your personal information (relating to the Business and contained in this DDR Service Agreement) to release and provide such information to Ezidebit on our written request.

Credit Card Payments

I/We acknowledge that "Ezidebit" will appear as the merchant for all payments from my/our credit card. I/We acknowledge and agree that Ezidebit will not be held liable for any disputed transactions resulting in the non supply of goods and/or services and that all disputes will be directed to the Business as Ezidebit is acting only as a Direct Debit Agent for the Business. I/We acknowledge and agree that in the event that a claim is made, Ezidebit will not be liable for the refund of any funds and agree to reimburse Ezidebit for any successful claims made by the cardholder through their financial institution against Ezidebit.

Ezidebit will keep your information about your nominated account at the financial institution private and confidential unless this information is required to investigate a claim made relating to an alleged incorrect or wrongful debit, or as otherwise required by law. Further information relating to Ezidebit's Privacy Policy can be found at www.ezidebit.com.au

I/We acknowledge that Credit Card Fees are a minimum of the Transaction Fee or the Credit Card Fee, whichever is greater as detailed on the Direct Debit Request.

I/We authorise:

- a) Ezidebit to verify details of my/our account with my/our financial institution; and
- b) my/our financial institution to release information allowing Ezidebit to verify my/our account details.

Po Box 3327
Newstead, QLD 4006
Ph: (07) 3124 5500 Fax: (07) 31 24 5535

10. 2017 SIRENS COMPETITIVE ATHLETE COMMITMENT

Athlete's name: _____ Signed (parent if under 18): _____ Date: _____

Please sign to acknowledge and commit to the following conditions of enrolment in a competitive team at Sirens Cheerleaders. Failure to abide by the rules may result in removal from the competitive team or our program.

In 2017 we continue to focus on 'quality'. We want athletes to have the best opportunities and to be happy. Our competitive squad rules are very important and we have high standards. If you feel unsure about meeting these standards please join our recreational classes - we need you in the right place according to your, and the team's needs.

PARTICIPATION

- Class is not to be missed unless approval is given from the Gym Owner (minimum two week's notice). Acceptable reasons include exams and work travel, not birthdays.
- You are only permitted to miss a class at late notice if you are unable to commute to class due to illness or injury or are at risk of infecting others (or unavoidable car problem etc). In this instance you **MUST** text the gym phone on **0484 355 874** and provide a medical certificate to sirens.megan@gmail.com within two days.
- If you are ill or injured you are expected to observe all trainings to remain familiar with choreography, keep up-to-date with routine changes and to encourage team-mates. You are expected to 'catch-up' in your own time.
- You are expected to be prepared to train hard every class: arriving early ready to step on the floor on time, having been to the toilet, hair tied back, all jewellery out, nails short, shoes on, hydrated, having eaten something healthy and sufficient to fuel you for the class, well rested, and with your best attitude for your team.
- Competitive athletes are not to train with other All Star programs unless approved by Gym Owner (grounds for dismissal from program).

UNIFORM

- Uniforms must be ordered and paid for by 12 Mar to enable you to compete.
- Sirens training uniforms (only) must be worn to ALL competitive team classes.
- Full competition uniform must be worn correctly at all competitions (including presentations) and designated events. This includes hair/makeup and shoes. Jackets/tees are not allowed during presentations unless directed.

COMPETITIONS

- You must commit to all scheduled 2017 competitions and Pep Rally for your team to accept a place on a competitive team. If you are unable to attend a competition or will be missing several training sessions you may be eligible to join a competitive team as an 'Alternate'.
- Competition entry fees are payable throughout the year and must be paid on time in addition to term fees. These are non-refundable even if you do not compete due to injury or are removed for not following the rules e.g. poor attendance or behaviour.
- If you are running late to, or cannot attend an event, you must call/text the gym phone as soon as possible, and provide the reason.
- Training in the week leading up to a competition must not be missed for ANY REASON. If you miss this training, unfortunately you may be removed from the team, including the approaching competition.

PARENTS

Withholding a child from training (or competition) should never be used as a form of punishment. You are not only punishing your child but every other team member. We do not tolerate missed training due to other sporting commitments so please consider carefully your choice to participate in all star cheerleading.

INJURY

If you have an injury or condition which prevents you from participating in more than one training session we require you to see a doctor/physiotherapist to obtain accurate diagnosis and a medical certificate for our records. This is so we are aware of your limitations, the time required to recover, and we can ensure you are best taken care of for recovery. Please understand we may need to practice an alternate plan if you are unable to train so the team can continue to train. While we appreciate athletes placing their team first, nothing comes before your safety and a healthcare professional must provide clearance, not the athlete/parent/coach.

11. 2017 AASCF WAIVER

AASCF Waiver/Release, Medical Release & Appearance form PARTICIPANTS -- READ BEFORE SIGNING

PLEASE PRINT CLEARLY

Participant Name _____ D.O.B _____
School /Club /Gym Name _____ Coach Name _____

In consideration of _____, myself / my child, participating in any way at Australian All Star Cheerleading Federation (AASCF) events & activities, the undersigned acknowledges, & agrees that:

I, the undersigned parent or legal guardian, do hereby grant permission for my son/daughter to participate in any **2017** Australian All Star Cheerleading Federation Events.

I further acknowledge and understand and agree that by participating at AASCF events there is a possibility of physical illness or injury (minimal, serious, and catastrophic) and that my son/daughter is assuming the risk of such injury by participating. I authorize any representative of the AASCF or the event party to consent and authorize any medical attention, treatment, surgery or administration of drugs by qualified and licensed medical personnel for my son/daughter, which may become necessary.

I understand I will be notified as soon as possible in the event of an emergency. I understand and agree that all expenses of such treatment are my responsibility.

I agree to protect, defend, indemnify and hold the AASCF or the event party, including its staff, employees and sponsors from and against any and all claims, demand, losses, suits, liabilities, costs, or other damages including court costs and attorney's fees, arising from any injury to, or death of son/daughter, the undersigned, or any other persons or damage to or destruction of property arising out of or in connection with any damage to third parties occasioned by, incident to, arising out of, or in connection with my son/daughter's participation.

I willingly agree to comply with the AASCF events stated & customary terms & conditions for participation. If I observe any unusual significant concern in my child's readiness for participation &/or in the competition itself, I will remove my child from the participation & bring such attention of the nearest official immediately;

I understand the AASCF produces promotional material about the program. I understand that my son/daughter may be included in videotape or photography taken during this event. I hereby grant the AASCF, its successors, assignees, licensees, sponsors, any television networks and all other commercial exhibitors the exclusive right to photograph and/or videotape my son/daughter and further to utilize my son/daughter's name, face, likeness, voice and appearance as part of the event, and in advertising and promotion of the event.

Rules / Regulations

- No smoking, consumption of alcoholic beverages or use of illegal drugs allowed.
- The AASCF reserve the right to discipline any participant for unruly behavior or for conduct unbecoming to the event.
- Participants must respect all venue and facility rules and regulations.
- Participants must obey all rules and regulations set forth by the event.

I HAVE READ THIS RELEASE OF LIABILITY & ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, & SIGN IT FREELY & VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signature of Participant: _____ Date: _____

Name & Signature of Parent or Guardian: _____ Date: _____

Street Address: _____

Suburb: _____ State: _____ Post code: _____

Home Phone: _____ Business Phone: _____ E-mail Address: _____

Emergency Name & Contact: _____

Medical History & Details: _____ Ambulance: **Yes / No**